

Montreal Children's Hospital Interdisciplinary Symposium on Pediatric Obesity Care

Date: Wednesday, May 7th, 2025 from 12 p.m. to 6 p.m.

Location: Drs. Sylvia & Richard Cruess Auditorium at MUHC-RI

1001 Decarie Blvd, suite E-S1.1129

Montreal, Quebec

H4A 3J1

Program outline:

12 p.m. to 1 p.m.: Department of Pediatrics Grand Rounds

- Dr. Stephanie Walsh: Anti-obesity medications: the AAP clinical practice guidelines and what to do IRL

1 p.m. to 1:30 p.m.: Lunch

1:30 p.m. to 3:40 p.m.: Multidisciplinary panel on medical and surgical care of pediatric obesity

- Dr. Laurent Legault: Call to action - why you need to care about obesity in children
- Dr. Julie St-Pierre: Canadian guidelines - how do we compare to our neighbours south of the border?
- Dr. Marie-Philippe Morin: Access to obesity care - to reimburse or not?
- Dr. Tom Inge: State of the evidence for bariatric surgery in children
- Dr. Evan Nadler: Bariatric surgery for the treatment of children with severe obesity - special populations

3:40 p.m. to 4 p.m.: Coffee break

4 p.m. to 5:40 p.m.: Lived experience panel with testimony from special guests

- Dr. Angel Alberga: Mitigating bias in the care of persons with obesity
- Dr. Beth Dettmer: Mental health challenges and opportunities in pediatric obesity care
- Dr. Ian Patton: "How could I have been better helped by my doctor as a teenager" (adult lived experience testimony)
- Patient testimony #1
- Patient testimony #2

5:40 p.m. to 6 p.m.: Final remarks